



# HIGH-TIDE

*Official newsletter of  
Surf Life Saving Mid North Coast*

## President's Message



Surf Lifesaving here on the Mid North Coast is set for another big season. Hopefully, the COVID-19 restrictions are lifted soon and we can go back to a bit more normality. There will be ongoing information to all members over the next few weeks regarding the upcoming season and what this may look like for all portfolios. As has been since the start of the pandemic the situation will be constantly changing throughout the season and we will do our best to keep you up to date on all developments.

We held our AGM virtually on Monday night and it was great to 'see' many of our committee and representatives from clubs. I would like to thank Jo Hawkins and Wendy Evans for the dedication, knowledge and skills they have brought to the Branch Committee over many years. Both have decided not to continue in their Executive Committee positions for the coming season. Thank you to those people who have stepped up to take on roles with many familiar faces and some new ones as well.

Most clubs have held their AGMs and the new committees are busy organising patrol rosters, ordering uniforms and finalising the governance required at the start of the season. Here's to a successful season full of camaraderie and no lives lost.

Yours in surf lifesaving,  
Rod McDonagh

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[Click here](#) to read a fantastic interview with our President Rod McDonagh that featured on pages 30-31 in the Greater Port Macquarie Focus Magazine.

# Surf Life Saving Mid North Coast Annual General Meeting - 2021

The Branch AGM was held on the evening of Monday 30th August. We would like to introduce your new Executive Committee and Office Bearers for the 2021/2022 season and thank the outgoing committee for their tireless work for the 2020/21 season. For a copy of the Annual Report - go to [www.slsmnc.com.au](http://www.slsmnc.com.au)



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**Mick Lang**  
Coaching Coordinator



**Gayl Ellis**  
Officials Coordinator



**Sue Croad**  
Education Officer North



**VACANT**  
Education Officer South



**Nicole Browne**  
Deputy Dir of Member Services



**VACANT**  
Junior Education Officer

# SLSNSW Awards of Excellence



**CONGRATULATIONS** to Ian Lathan for being awarded SLSNSW Administrator of the Year and Mick Lang for being awarded SLSNSW Coach of the Year.

**You have made both your Clubs and the Mid North Coast very proud!**

## LIFE MEMBERS ANNOUNCED

**CONGRATULATIONS** to the newly elected Life Members of SLSMNC - Gary Hawkins, Kim Rayner and Paul Rayner. All three of these members are well deserving of this acknowledgement of the ongoing time, support and skills they have provided the Branch, clubs and members.



**Gary Hawkins**



**Kim Rayner**



**Paul Rayner**

# SURF SPORTS NEWS



[Click here](#) to access the Entry Circular

## EDUCATION

In line with current COVID-19 Restrictions, ALL training and education courses are postponed.

More information will be sent out to members as it becomes available.

SKILLS MAINTENANCE - SRC + BM members will complete CPR for 2 minutes with change over of operators, signals, swim or paddle out to a can and return (without a patient), run-swim-run. This will occur when patrols return. If you have any questions about how training will look this season please contact your Club Director of Lifesaving or Chief Training Officer.

A huge thanks goes to Geof Hurkett and the team at MID Electrical for their support with the maintenance of our training defibs and other electrical equipment.



# BECOME A UAV PILOT



The Australian UAV Service (AUAVS) would like to announce that applications are now open for casual employment across autumn, summer, and spring holiday periods across NSW. With a presence in every coastal council, there is a position near you!

Please read all the information on our website here and apply now!

<https://www.surflifesaving.com.au/uavs-surf-life-saving>

Note: All previous season staff wishing to be involved in the 2021-22 season with AUAVS are required to re-apply. Thank you if you already have submitted an application.

Please contact [uav@surflifesaving.com.au](mailto:uav@surflifesaving.com.au) with any questions.

## Keep in the Know

SLSMNC has Facebook pages to enable members and the public to keep up to date for events and activities happening within our Branch.



[Surf Life Saving Mid North Coast](#)

The SLSMNC Branch 'Like Page' is a platform to promote information to the general public.



[SLSMNC Member Services Team](#)

The SLSMNC 'Closed Groups' - Member Services Team, Education and Training, Surf Sports - are for members to join for information specific to that portfolio. Make sure you join these groups for all current information.



[SLSMNC Surf Sports](#)



[SLSMNC Education & Training](#)

## THANK-YOU TO OUR SPONSORS.....



Please send articles for future newsletters to  
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